

DESCRIPTION OF THE COURSE OF STUDY

Course code	1012.7.KOS2.B/C9.DER	
Name of the course in	Polish	Dermokosmetyki
	English	Dermocosmetics

1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES

1.1. Field of study	Cosmetology
1.2. Mode of study	Full-time studies
1.3. Level of study	Master's degree
1.4. Profile of study*	Practical
1.5. Person/s preparing the course description	Dr Monika Michalak
1.6. Contact	monika.michalak@ujk.edu.pl

2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY

2.1. Language of instruction	English
2.2. Prerequisites*	Dermatology, anatomy, physiology, chemistry

3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY

3.1. Form of classes	Lectures, classes	
3.2. Place of classes	Teaching rooms of the UJK	
3.3. Form of assessment	Credit with grade	
3.4. Teaching methods	Information lecture, discussion. Work with the printed source, work in groups.	
3.5. Bibliography	Required reading	1. Martini M-C. Kosmetologia i farmakologia skóry. Wyd. Lekarskie PZWL, Warszawa 2007. 2. Draelos ZD. Kosmeceutyki. Wyd. Medyczne Urban&Partner, Wrocław 2005. 3. Noszczyk M. Kosmetologia pielęgnacyjna i lekarska. Wyd Lekarskie PZWL, Warszawa 2011.
	Further reading	1. Adamski Z., Kaszuba A. Dermatologia dla kosmetologów. Wyd. Medyczne Urban&Partner, Wrocław 2010. 2. Arct J., Pytkowska K., Barska K., Kiefert K., Pauwels A. Leksykon surowców kosmetycznych. Wyd. WSZKiPZ, Warszawa 2011. 3. <u>Dreno B.</u> , <u>Araviiskaia E.</u> , <u>Berardesca E.</u> , <u>Wolkenstein P.</u> The science of dermocosmetics and its role in dermatology. J Eur Acad Dermatol Venereol 2014, 28: 1409-1417.

4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED LEARNING OUTCOMES

<p>4.1. Course objectives (including form of classes)</p> <p>Lecture</p> <p>C1. Introducing students with active ingredients of dermocosmetics to use them properly as intended.</p> <p>Classes</p> <p>C2. Presentation of the active ingredients of dermocosmetics used in the care of skin types.</p> <p>C3. The ability to properly select cosmetics and their categories in accordance with their intended use and to recognize the skin type and condition.</p>
<p>4.2. Detailed syllabus (including form of classes)</p> <p>Lecture</p> <p>1. The influence of selected endogenous and exogenous factors on the functioning and appearance of the skin.</p> <p>2. Basic definitions and concepts used in the cosmetics industry and cosmetology.</p> <p>3. Categories and composition of cosmetics.</p> <p>4. Cosmetic documentation. Safety in the use of cosmetics.</p> <p>Classes</p> <p>1. Types of active ingredients in cosmetics. Review of dermocosmetics containing the discussed active ingredients.</p> <p>2. Analysis of the composition of dermocosmetics in accordance with INCI (International Nomenclature of Cosmetic Ingredients).</p> <p>3. Analysis of professional literature, considering the detailed syllabus.</p>

4.3 Intended learning outcomes

Code	A student, who passed the course	Relation to learning outcomes
within the scope of KNOWLEDGE:		
W01	Student has in-depth knowledge of terminology used in cosmetology. He knows the national and EU legislation in the field of marketing and documentation of the cosmetic.	KOS2P_W11
W02	Student knows the rules of safe use of cosmetics. He has in-depth knowledge of individual skin types and active ingredients of cosmetics used in skin care, depending on its condition.	KOS2P_W11
within the scope of ABILITIES:		
U01	Student is able to prepare the characteristics of a dermocosmetic on their own or in a research and teaching team using specialized literature and industry databases, including INCI	KOS2P_U01
U02	Student is able to give advice, choose cosmetics and their categories in accordance with their intended use and to recognize the skin type and condition of both healthy and diseased skin, as well as provide the client with knowledge about the properties of the dermocosmetics used.	KOS2P_U05
within the scope of SOCIAL COMPETENCE:		
K01	Student is aware of the importance of the appropriate selection of dermocosmetics and follows the dermatologist's recommendations when designing complementary cosmetic therapy	KOS2P_K07

4.4. Methods of assessment of the intended learning outcomes

Teaching outcomes (code)	Method of assessment (+/-)																							
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others* e.g. standardized test used in e-learning					
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes					
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...
W01				+	-		-	+		-	-					-	-							
W02				+	-		-	+		-	-					-	-							
U01				-	+		-	+		-	+					-	+							
U02				-	+		-	-		-	+					-	+							
K01				-	+		-	+		-	-					-	-							

*delete as appropriate

4.5. Criteria of assessment of the intended learning outcomes

Form of classes	Grade	Criterion of assessment
lecture (L)	3	61%-68% Learning programme content on the basic level, replies chaotic, leading questions necessary
	3,5	69%-76% Learning programme content on the basic level, answers systematized, requires assistance from the teacher
	4	77%-84% Learning programme content on the basic level, answers systematized, independent. Solving of problems in typical situations.
	4,5	85%-92% The scope of presented knowledge exceeds the basic level based on the supplementary literature provided. Solving of problems in new complex situations.
	5	93%-100% The scope of presented knowledge exceeds the basic level based on independently acquired scientific sources of information
classes	3	Class attendance in accordance with the study regulations. Activity during exercises. Mastering the content of the curriculum at the basic level. Preparation of a paper in accordance with the requirements specified by the lecturer. Participation in group work. Student does not always take into account the individual situation of the patient, and is not always able to assess and analyze own behavior.

3,5	Class attendance in accordance with the study regulations. Activity during exercises. Mastering the content of the curriculum at the basic level. Preparation of a paper in accordance with the requirements specified by the lecturer. Participation in group work. Student takes into account the individual situation of the patient, makes an effort to assess and analyze own behavior.
4	Class attendance in accordance with the study regulations. Activity during exercises. Mastering the content of the curriculum at the basic level. Preparation of a paper in accordance with the requirements specified by the lecturer. Participation in group work. Student pays attention to the individual situation of the patient, shows awkwardness in the assessment and analysis of own behavior.
4,5	Class attendance in accordance with the study regulations. Activity during exercises. The scope of the presented knowledge goes beyond the basic level based on the supplementary literature provided. Preparation of a paper in accordance with the requirements specified by the lecturer. Participation in group work. Student shows concern for taking into account the individual situation of the patient, sometimes requires guidance in the selection of communication methods, shows efforts to evaluate and analyze own behavior.
5	Class attendance in accordance with the study regulations. Activity during exercises. The scope of the presented knowledge goes beyond the basic level based on self-acquired scientific sources of information. Preparation of a paper in accordance with the requirements specified by the lecturer. Participation in group work. Student takes into account the patient's situation, plans and performs activities completely independently, spontaneous, constructive and independent selection of content adequate to the recipient's expectations, is able to assess and analyze own behavior, visible identification with the professional role.

5. BALANCE OF ECTS CREDITS – STUDENT'S WORK INPUT

Category	Student's workload	
	Full-time studies	Extramural studies
<i>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</i>	35	25
<i>Participation in lectures</i>	15	10
<i>Participation in classes</i>	20	15
<i>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</i>	15	25
<i>Preparation for the lecture</i>	10	15
<i>Preparation for the classes</i>	5	10
TOTAL NUMBER OF HOURS	50	50
ECTS credits for the course of study	2	2

**delete as appropriate*

Accepted for execution (date and legible signatures of the teachers running the course in the given academic year)

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